

Irving Recreation Center

Summer Day Camp

Grades 3 through 4



Important Reminders

Our camp rules are:

- Be safe
- Be respectful
- Be responsible

Bring meals in an insulated container. Refrigeration and microwave s are not available.

Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.

Leave valuables at home (including money, cell phones, portable video games, etc.)

Label sunscreen and water bottles with your name.

Do not hesitate to ask when you have questions or comments.

Contact Us

402-441-7954

WISE KIDS THEME FOR THE WEEK

This week in Wise Kids lessons will be "Graduation." We will spend the week reviewing what we have learned and celebrating. Campers will be challenged to remember what we have learned and how to apply it to their everyday life.

THIS WEEK'S HIGHLIGHTS

Monday July 22nd-Field Trip to Pioneers Park!

In the morning we will be doing "Just Rec. Time". In the afternoon we will go to Pioneers Park for a Nature Walk. We will leave the center at 1:30 and will return at 3:30. Please remember to have campers wear their green camp shirt, bring a water bottle and wear shoes they can hike in.

Tuesday July 23rd- Swimming!

In the morning we will be doing "Just Rec. Time." In the afternoon, we will be walking to Irvingdale Pool. We will leave the center at 11:20 and return at 1:10. Don't forget to pack a swimming suit, sunscreen, and a towel. We will also be having Fitness with Scott.

Wednesday July 24th-Library Day, Rotations and Water Day!

In the morning we will be walking to South Branch Library. Please send a backpack with your child to carry their books in. We will leave at 10:00 and return at 11:30. While we are at the library we will be taking part in the *Heavy Equipment Encounter Program*. In the afternoon we will be having rotations which include Yoga and Croquet. We will also be having a water day. Please send swimming gear for campers to change into for water activities. Be sure to send closed toe shoes that can get wet.

Thursday July 25th-Rotations and Clubs!

In the morning we will be doing crafts and archery. In the afternoon we will be have rotations, which include Yoga and Park Time. We will also be having clubs in the afternoon!

Friday July 26th-Omaha Zoo Trip!

We will be going to the Omaha Zoo for a center wide field trip. **We will leave the center at 9:00 and will not return until 5:00.** Don't miss the bus, because there won't be any Day Camp Leaders left here! Please be sure to send your child in their green day camp shirt. Also, campers should bring a backpack with a sack lunch, sunscreen, and a water bottle. Campers should dress in clothes that are appropriate for the weather and tennis shoes.

TELL US WHY YOU ♥ YOUR PARKS & REC

In the past century, Lincoln's park and recreation system has grown to become one of the best in the nation. Yet many don't realize that every day, countless number of people of all ages enjoy Lincoln's 125 parks, 131 miles of trails, seven recreation centers, and five golf courses. July is national Parks and Recreation Month and this week we'll be asking our day camp families what they **love about parks and recreation** and why parks and recreation are so important in our lives!

FUNdamental
healthy me

A focused program where youth grow